



MARCH 6TH, 2020

Dear Parents,

What a super day we had yesterday, with all the children and adults dressed up as villains and heroes! Assembly was a wonderful sight and we all paraded to share our costumes. Thank you for making the effort; it really means a lot to the children.

A community volunteer, Vic Worrell, very kindly made us some new welly racks. The children will be moving their wellies over to these racks next week and we'll be removing the old ones. A huge thank you to Vic – he has no connections to the school, but saw our plea for help and did so!

We are continuing our work on the grounds next Saturday from 9am. Please come along, even for a short time to help us finish the beach garden and tidy/sort the other areas of school. We're looking for plant donations (see our flier) and also compost please.

We are putting an increased focus on handwashing at the moment and there's lots of singing of Happy Birthday throughout the school, which is following the advice of the government with regard to schools.

Have a lovely weekend,

Tessa Cooper and Ruth Worswick

HOUSE POINTS

This week's winners:

Yellow (110)

2nd place:

Green (108)

3rd place:

Blue (105)

4th place:

Red (102)

Half termly scores so far:

Green (232)

Blue (225) / Yellow (225)

Red: (220)

BRONZE CERTIFICATES (25 HOUSE POINTS)

OWLS: Sophia

FALCONS: Sophie

SILVER CERTIFICATES (75 HOUSE POINTS)

FALCONS: Ruben and Lacey

Letters/emails home:

Y4 Multiplication Test

Governor newsletter

Reading Eggs / Eggstreme

Sport Relief

DIARY DATES

Thursday March 12th - Sport Relief
Thursday March 12th - Y6 SATs info evening 5pm
Friday March 13th - Y2 Forest School
Friday March 13th - Community Cream Tea
Saturday March 14th - Grounds Day
Wednesday March 18th - Y2 Eco Helper Trip
Friday March 20th - Mothers' Day Shop
Friday March 20th - Y1 Forest School
Saturday March 21st - Stubbington Study Centre Open Day
Tuesday March 24th - Stubbington deposit deadline
Wednesday March 25th - Y1 Phonics Meeting
Thursday March 26th - Y1 Forest School
Friday March 27th - Y1/2 trip to RSPB Pulborough
Thursday April 2nd - Easter Egg Hunt
Thursday April 2nd - Y1 Forest School
Friday April 3rd - INSET day
April 6th - 17th - Easter Holidays
Monday April 20th - Children back to school
Friday May 8th - Bank Holiday
May 11th-14th - Year 6 SATS
May 25th - 29th - Half Term
Monday June 29th - INSET day
Wednesday July 15th - Sports Day

BREAKFAST CLUB

Breakfast Club starts on March 9th and it will run from 7.30am, Mondays to Thursdays.

Information and a link to book is attached. It will cost £5 per session and breakfast will be served until 8am.

SPORT RELIEF

Don't forget PE kits next Thursday 12th for Sport Relief. Donations are voluntary but it's all for a good cause so please give what you can. Sponsorship forms can be collected from the office or one-off donations can be left in the black box.

We're hoping to be outside, so dark tracksuit bottoms and jumpers are recommended.

THANKS ONCE AGAIN FOR OUR WONDERFUL WALL DISPLAY CREATED BY MRS METCALFE





FEBRUARY 2020 GOVERNORS' NEWSLETTER

Welcome to our 'Spring' newsletter, if you look hard enough there are signs that Spring is on the way!

Since our last newsletter to you, there have been many changes within our governing committee. Some of our members were no longer able to commit the time to the school and therefore, reluctantly stepped down from their posts. We are grateful for the many years of hard work and support. They also kindly still provide the back up when we need specific advice from the field of expertise. We extend our thanks to them all.

This opened new vacancies within the committee and we have been lucky enough to fill all roles from the community and our parent body. We welcome all new governors to the school.

New governors are able to receive training from the Diocese to help them understand their role, and how they can support the school. Further training is also available so we can all develop our roles and help to keep the school driving forward and support the staff in how they best can do this.

You may have met a few of our newest governors at the recent parents evening? Thank you to all those parents that took the time to talk to us about the new Sex and Relationships curriculum. This was just the first stage and there will be further consultation with parents in the coming months, but should you want to talk further please let the school office know, your input is valuable to the process.

We have included some photographs in this newsletter so that you may identify us around the school and in the community.

Kind Regards Alex & The Governors

Who We Are

Alex Kemp – Chair
Vicky Skidmore– Vice-Chair
Rev Andrew Barton
John Gamble
Helen Kempster
Sue Golding
Robin Hall
Fiona Hicks
Oliver Greenaway

Recent activity

- Health and safety refresher on inset day with all staff.
- Diocese and Trust briefings and training
- School visits linked to the School's Improvement plan.
- Parents' evening and RSE information.

Upcoming activities

- Staff and governor meeting to improve effectiveness of visits.

What is our role within the School?

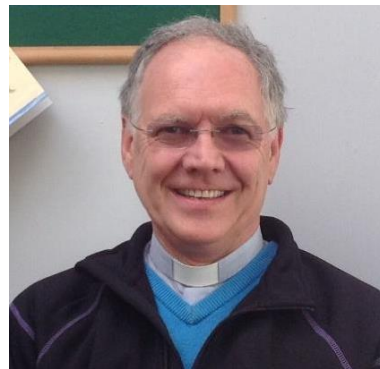
Governors have a vital role to play as the link between schools and the local community. In general terms, the role of a school governor is to contribute to the work of the Governing Body in raising standards and maximising outcomes for all pupils. It is also charged with holding Ms Worswick and her team to account on all aspects of school life.



Alex Kemp



Vicky Skidmore



Rev Andrew Barton



John Gamble



Fiona Hicks



Oliver Greenaway



Robin Hall

The Holme Church of England Primary School
A Good Shepherd Trust Academy



THE GOOD
SHEPHERD TRUST
Diocese of Guildford
TRANSFORMING SCHOOLS
TRANSFORMING LIVES



Openfields, Headley, Bordon, Hampshire, GU35 8PQ

Tel: 01428 714409 email: adminoffice@holme.goodshepherdtrust.org.uk

05/03/2020

Dear parents and children,

The Head Boy/Girl team would like the school to take part in Sport Relief this year. The children will be leading an assembly for the children on Thursday 12th March and have organised a football and basketball shooting tournament for every class to take part in throughout the day.

Children need to come into class in outdoor PE kits on this day please, and must have water bottles.

Contributions to the day are voluntary. They can be one-off amounts or children can collect sponsorship money. They could be sponsored a one-off amount or an amount per goal/basket.

All donations need to be in school by Friday 20th March so the pupil leaders can count it all and send it off to Sport Relief.

Sponsorship forms are attached. Paper copies are available from the office.

Any questions please email or speak to Mrs Cooper.

Regards,

Isabel, Finley, George and Ruby (Head Girl/Boy team)

Tessa Cooper

The Holme Church of England Primary School
A Good Shepherd Trust Academy



THE GOOD
SHEPHERD TRUST
Diocese of Guildford
TRANSFORMING SCHOOLS
TRANSFORMING LIVES



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02/03/2020

Dear Parents,

We've signed up for a free trial of Reading Eggs and Reading Eggspress, created by the same people who make Mathletics: <https://readingeggs.co.uk/>

Having explored a little bit, I personally think this a better site than Literacy Planet, with lots of reading, spelling and grammar activities. I also find it much easier to navigate. Logins will be coming home with the children tomorrow so please take a look at the site and let me know what you think.

Once the free trial is over, we will be offering parents the chance to subscribe at a much cheaper price than if they signed up independently and may even offer it free of charge where we think it will be helpful as an extra school activity for specific children. Full details to follow after the free trial.

As always, please get in touch with any technical questions and I'll do my best to help.

Regards,
Tessa Cooper

Help your child learn to read!



Where children become great readers!

Important
message from
your school!

Dear Parents,

We are excited to announce that your child will now have access to **Reading Eggs** at school – the fun and effective program that teaches children how to read!

Reading Eggs is designed to get your child motivated and excited about reading. Your child will now be able to access the program in class and at home.

This guide details all the features and benefits of **Reading Eggs** and how it can teach your child to read. We hope you and your child enjoy the learning to read adventure with **Reading Eggs**!

www.readingeggs.co.uk
www.readingeggspress.co.uk

How Reading Eggs and Reading Eggspress can work for your child!

Learning to read can be easy and fun!

Reading Eggs and **Reading Eggspress** teach children the core reading and literacy skills they need for success at school. Developed by a team of experienced primary educators, these highly interactive lessons are effective because they are based on solid scientific research. The engaging one-on-one learning activities contain colourful animations, fun music and exciting rewards that keep children motivated to learn!

Reading Eggs – First Steps

Ages 3-4

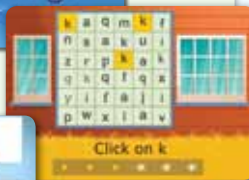
- Learn the sounds and names of letters, sight words and simple word skills
- One-on-one lessons allow your child to learn at their own pace



Ready for school

Age 5

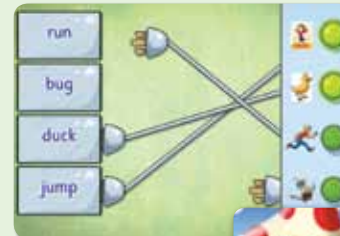
- Develops vocabulary with a focus on essential phonics skills and high frequency sight words
- A placement test ensures lessons match your child's ability



Fun Practice Makes Perfect

Ages 6-7

- Builds comprehension skills: children read and understand longer words and sentences
- More challenging phonics patterns develop spelling and fluent reading skills



Continuing the Journey with Reading Eggspress

Ages 7-13

- Further develops spelling, comprehension, grammar and writing skills
- Compete against other children in live games
- Over 1000 e-books with quizzes



My Lessons

This is the heart of Reading Eggs – **120 reading lessons** that travel through 12 exciting maps. Your child can repeat lessons to reinforce essential reading skills.



My World

My World is a world full of fun where your child can visit 10 destinations. My World is available after completion of lesson 30.



My House

Your child can change the appearance of their avatar, play arcade games, read Story Factory stories they have written and view their awards and critters. Your child can decorate their house with their purchases from Reggie's shop.



Skills Bank

The Skills Bank includes **96 carefully designed spelling lessons** to develop your child's spelling skills in a progressive sequence. Each lesson focuses on a 12 word spelling list.



Driving Test Centre

This section consists of **45 tests covering sight words, phonics skills and content-area vocabulary**. When your child gets enough questions correct, they are rewarded with a racing car game.



Puzzle Park

Your child can complete **32 word puzzles** that develop a range of reading skills.



Eggy Bank

Your child can earn Golden Eggs by completing activities. These Eggs can be used in the Arcade and Reggie's Shop.

The Playroom

Includes **over 170 activities and books**. This virtual playroom is where young children can play with music, pictures, puzzles and much more.

My Avatar

Children can create their own unique online character with customised features and accessories.

My Stuff

Children can view their certificates and their collection of cute critters earned for completing lessons.

Arcade

Contains **24 fun arcade games** that your child can play using their golden eggs.



Reggie's Store

Your child can change the look of their avatar and house by purchasing accessories with their golden eggs.



Storylands

Storylands contains **20 lessons, 140 activities, 20 wonderful books and heaps of rewards!** Perfect for the child who has mastered their Reading Eggs lessons and is able to read short books. Storylands tests many of the reading and comprehension skills needed for school.



Music Café

The Music Café brings together **62 Reading Eggs songs** in one central location. Your child can sing, dance and enjoy songs from their favourite lessons and characters.



Story Factory

The Story Factory provides a **step-by-step guide to writing a story**. Your child can choose their own illustrations and access word and sentence suggestions to help write their story. They can also enter a weekly story writing competition.



Floating Island

Reading Eggspress makes reading real books, improving spelling skills and building reading comprehension highly engaging for **7 to 13 year olds**. The floating island has 4 different quadrants packed full of great online activities, books and games to help your child become a confident reader.



My Progress

A comprehensive dashboard details your child's progress, including how many activities they've played, their percentage of correct answers, books they've read and rewards earned.

My Targets

You can track the individual achievements and learning milestones your child has accomplished, those they are still aiming to achieve, and view their overall level of achievement.

Changing Room

Your child can customise their personal avatar with the ability to choose eyes, hair, clothes and a range of accessories.

The Library

The Library contains over 1000 e-books including illustrated chapter books, full colour nonfiction books and a range of classic titles. Each title has a comprehension quiz to assess understanding. Your child can also read on the go with the full Library of more than 1000 titles accessible on iPad.

Comprehension Gym

The Comprehension Gym has 200 interactive lessons for your child to enjoy. Lessons cover school years 2 to 6 and develop comprehension and vocabulary skills. Each lesson ends with a 16 question quiz that assesses factual, inferential and textual understanding.

Writing Press

The Writing Press provides a comprehensive guide to different types of text, **including poetry, narrative, discussion** and many more. Detailed descriptions, examples and tips teach children how to compose each type of text.

The Stadium

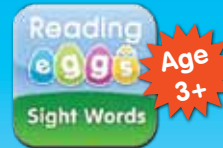
Your child can compete in real-time against students from around the world with four exciting contests. Each contest develops skills in one of four core literacy areas – **spelling, vocabulary, usage and grammar**.

Apartment and Mall

At the Mall your child can use golden eggs to buy clothing for their avatar and furniture for their Apartment. They can also purchase arcade games and trading cards.

Learn on the go with our educational Apps

Your child can learn on the go with our growing range of **Reading Eggs** apps for **iPad**, **iPhone** and **Android** devices! Using all the great features of mobile and tablet devices, these educational apps make learning fun and motivational, with highly interactive touch activities that are ideal for early learners. The vibrant animations, exciting rewards and catchy music will help nurture your child's love of learning – setting them up for success at school.



Eggy Words 250

- ✓ Learn 250 sight words
- ✓ Highly animated
- ✓ Helps fluent reading
- ✓ Apple & Android devices



Eggy Alphabet

- ✓ Learn all 26 letters
- ✓ 208 handwriting activities
- ✓ Upper & lower case
- ✓ Apple & Android devices



Eggy Nursery Rhymes

- ✓ 10 Nursery Rhymes
- ✓ Singalong & word games
- ✓ Make your own animation
- ✓ For the iPad & iPhone



Eggy Numbers 1 – 10

- ✓ Counting skills
- ✓ Number recognition
- ✓ Number handwriting skills
- ✓ For the iPad



Eggy Vocabulary

- ✓ Grow key word vocabulary
- ✓ Hidden object game
- ✓ Fun reading books
- ✓ For the iPad



Eggy Word SNAP

- ✓ Word recognition
- ✓ Build vocabulary
- ✓ Fun multiplayer game
- ✓ For the iPad



Tap the Cat

- ✓ Comprehension
- ✓ Features voice playback
- ✓ Phonics & word study
- ✓ For the iPad



Reading Eggs Spelling

- ✓ 10 interactive games
- ✓ Develops vocabulary
- ✓ Master spelling
- ✓ For the iPad

Scan QR code to see all our apps.



Reading Eggs

Reading Eggs is the breakthrough educational website where 3 to 7 year olds learn to read as they play. With its game-like activities, vibrant animations, fun sound effects and catchy songs, **Reading Eggs** makes learning core literacy skills fun and motivational for young children.

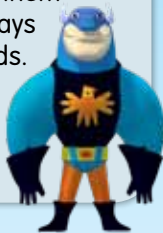
Reading Eggs introduces children to multiple learning areas, including:

- **My Lessons** – 120 reading lessons each consisting of a variety of instructional activities.
- **The Playroom** – includes over 170 activities and books. This virtual playroom allows children to play with music, patterns, picture making, puzzles and much more.
- **The Story Factory** – Children can write their very own story books and choose full colour illustrations to match their story.
- **Storylands** – features 20 lessons with a focus on developing reading, vocabulary and comprehension skills. Storylands also includes 20 wonderful books and lots of fun rewards!
- **Skills Bank Spelling** – 96 carefully designed spelling lessons with a focus on developing grammar and vocabulary.



"**Reading Eggs** is incredible! My daughter can't get enough of the activities, she enjoys them so much. In just THREE days she started reading words. Thank you so much **Reading Eggs**."

Arthur S.



"My 5 year old son loves **Reading Eggs**. He was completely resistant to learning to read and within a month of using **Reading Eggs**, he is reading words everywhere we go."

Cindy T.



"My son is loving **Reading Eggs**. You seem to have the mix of exercises, repetition and motivation pretty well spot on."

Denise R.



Reading Eggspress

Reading Eggspress continues the learning to read journey for 7 to 13 year olds, helping children further develop their comprehension, spelling, grammar and writing skills. **Reading Eggspress** takes place on an exciting floating island with four different quadrants, including:

- **The Comprehension Gym** – over 200 comprehension lessons which cover five levels equivalent to school years 2 to 6.
- **The Library** – home to over 1000 e-books, also accessible on the iPad.
- **The Writing Press** – your child can learn the purpose of different text types with highly detailed descriptions, examples and tips on how to compose them.
- **The Stadium** – your child can compete against students from around the world or against the computer in 4 contests that test skills in spelling, vocabulary, usage and grammar.



"My son cannot get enough. Before he would never even look at a book, let alone read it! Now he pesters me to get on to **Reading Eggspress** so he can read another book!"

Jennifer P.



"My daughter uses **Reading Eggspress** nearly every day and LOVES it! Thanks for a fun and educational website that my 7 year old can navigate by herself!"

Sue K.



"**Reading Eggspress** is great! My children are in charge of their own learning at their own pace."

David S.



Customer Service

Email: customerservice@readingeggs.co.uk **Phone:** +44 (0) 1173 600248
Monday to Friday 9.00am - 5.00pm GMT (London, UK).





Most Correct Answers this week:

1. Cisco Saxon	-	Nate	(1,964)
2. Axle Slade	-	Ethan	(1,925)
3. Debbie Loeffler	-	Lexi	(715)

Fastest Studio Speed up to last night:

1. Amelia Barret	-	Emilia F	(1.15)
2. Irox Sharp	-	Goodness	(1.2)
3. Pink White	-	Amy	(1.31)
4. Hayley Howe	-	Mercy	(1.35)
5. Axle Slade	-	Ethan	(1.32)
6. Lachi Vapid	-	Lily	(1.67)
7. Cisco Saxon	-	Nate	(1.6)
8. Kat Schneider	-	Lacey	(1.95)
9. Everlast Kenney-Silver	-	Darcey	(2.32)
10. Jake Boals	-	Jay	(2.58)

Most Improved Studio Speed over last 7 days:

1. Hal Lorre	-	Stanley
2. Lynda Rockpaperscissors	-	Eloise
3. Charlie Sawyer	-	Jack P
4. Fred Bones	-	Reuben L
5. Emily Summer	-	Chloe



Nightingales

Most correct answers this week:

1st: Dougie

Most correct answers so far:

1st: Jack 2nd: Alfie 3rd: Elodie

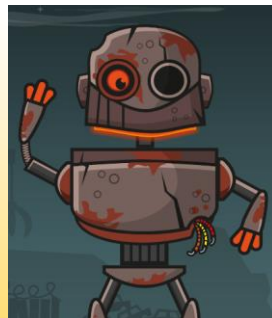
Robins

Most correct answers:

1st: Maisie 2nd: Evie 3rd: Emilia

Most correct answers so far:

1st: Maisie 2nd: Darcie 3rd: Emilia



Information for parents: multiplication tables check



Standards
& Testing
Agency

Multiplication tables check

Do you have a child in year 4 at primary school?

If so, they will be taking the statutory multiplication tables check (MTC) for the first time, in June this year.

The purpose of the check is to determine whether pupils can fluently recall their times tables up to 12, which is essential for future success in mathematics. It will also help your child's school to identify pupils who may need additional support.

What is the MTC?

The MTC is an on-screen check consisting of 25 times tables questions. Your child will answer 3 practice questions before moving on to the official check, and will then have 6 seconds to answer each question. On average, the check should take no longer than 5 minutes to complete.

MTC has been extensively trialled and tested over its development. In March 2018 we ran a trial with over 1000 pupils to establish an appropriate time limit for year 4 pupils to demonstrate fluent recall and give them the time to input their answers. During the national voluntary pilot in June 2019, just under 400,000 children successfully sat the check with the 6-second time limit.

What if my child cannot access the check?

There are a number of accessibility features available in MTC to assist children with special educational needs and disabilities. These were developed with schools and pupils to ensure they do not disadvantage children that require additional support. Schools will be able to try these out with your child to ensure they are appropriate, prior to the check window in June.

However, there are some circumstances in which it may not be appropriate for a pupil to take the check. If you have any concerns about your child being able to access the MTC, you should talk to your child's headteacher.

Do I need to do anything to prepare my child for the check?

No. You do not need to do anything additional to prepare your child for the check. Teachers may ask you to practise times tables with your child, as they would with spelling.

In terms of preparing pupils for the on-screen nature of the MTC, schools will have access to a 'try it out' area from 23 March. They will be able to use this to familiarise pupils with the check, and try out any access arrangements that may be required.

How will the results be used?

Schools will be able to view their results once all participating pupils have taken the check. Schools will then share your child's score with you, as they would with all national curriculum assessments.

Statistics on MTC data will be published on GOV.UK at a local authority and national level by October. This will help schools understand how they are performing. School and pupil level data will not be published.

Do not worry if your child is not working at the expected standard.

It is important to remember that these results will help teachers identify where your child may need extra help. If you have any questions about your child's results and what support they might need, you should speak to their teacher.





Further information

Your child's teacher will be able to answer any questions about the multiplication tables check.

For further details you can also visit www.gov.uk/STA.

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Information for parents: multiplication tables check

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This document is available for download at www.gov.uk/government/publications.

Grounds Day

(Saturday 14th March)

We hope to plant up the Beach Garden and it would be wonderful if anyone would like to make donations of the following:

- A range of different grasses:
Stipa, Miscanthus, Deschampsia,
Helichtotrichon, Festuca Glauca (Elijah Blue)
- Cat mint (Nepeta) x 5
- Echinops x 5
- Eryngium x 5
- Sea Kale x 5

Please feel free to find Mr Rose or Mr Coutts to find out more about plans taking place this year.

SPORT4KIDS

BREAKFAST CLUB

**LAUNCHING
9TH MARCH**

**FROM 7.30AM
TO 8.25AM**

**MONDAY TO
THURSDAY**

**£5 PER
SESSION**

**SPORT4KIDS WILL BE RUNNING
BREAKFAST CLUB AT
THE HOLME PRIMARY SCHOOL.**

**BREAKFAST SERVED UNTIL 8AM, WITH
ACTIVITIES RIGHT UP UNTIL THE FIRST
BELL OF THE DAY.**

BREAKFAST - CEREAL, FRUIT, AND TOAST.

**AFTER BREAKFAST, CHILDREN WILL BE
ABLE TO COLOUR, CRAFT, READ AND
BUILD LEGO BEFORE GOING INTO CLASS
WHEN THE BELL RINGS.**

**BOOKING IS PREFERRED.
HOWEVER YOU CAN JUST TURN UP.
PERFECT FOR WHEN YOU HAVE ONE OF 'THOSE' MORNINGS!**

S4K

**BOOK NOW:
<http://bit.ly/HOLMEBREAKFAST>**

www.sport4kids.biz

SPORT RELIEF

THURSDAY
13TH MARCH

**GET SPONSORED OR PAY
ANY AMOUNT
COME IN OUTDOOR PE KIT**



SPORT RELIEF IT'S GAME ON

9-13 MARCH

NAME _____

SCHOOL _____

IS GOING TO _____

FOR SPORT RELIEF

A MESSAGE TO OUR BRILLIANT SPONSORS

When you tick the Gift Aid* box, the government will give us 25% on top of your donation. It doesn't cost you a penny and it means that every pound that you donate can go towards helping to transform peoples' lives in the UK and across the world. This declaration can be used to collect Gift Aid on any donations you make in the future or have made in the past four years.

If you're making a personal donation, please give your full name and home address and tick the box so we can claim Gift Aid. We won't use this information for any other purpose. Find out more about how we use your personal data at comicrelief.com/privacy

giftaid it

£5



could pay for one girl to take part in a netball session which also teaches social media safety.

£10



could buy a pair of warm winter shoes for a child living in a refugee camp in Lesvos.

FULL NAME	HOME ADDRESS	POSTCODE		TOTAL AMOUNT	DATE COLLECTED
<i>Mr Ade O'Nation</i>	<i>A House, A Town</i>	<i>AB12 3CD</i>	<input checked="" type="checkbox"/>	<i>£15</i>	<i>DD/MM/YY</i>
1			<input type="checkbox"/>		
2			<input type="checkbox"/>		
3			<input type="checkbox"/>		
4			<input type="checkbox"/>		
5			<input type="checkbox"/>		
6			<input type="checkbox"/>		
7			<input type="checkbox"/>		
8			<input type="checkbox"/>		
9			<input type="checkbox"/>		
10			<input type="checkbox"/>		
11			<input type="checkbox"/>		
12			<input type="checkbox"/>		
13			<input type="checkbox"/>		
14			<input type="checkbox"/>		
15			<input type="checkbox"/>		

Please give your sponsorship form and all the money you've raised to your teacher.

*You must be a UK taxpayer and understand that if you pay less Income Tax and/or Capital Gains Tax in a tax year than the amount of Gift Aid claimed on all your donations to charitable organisations, it is your responsibility to pay any difference.



A MESSAGE TO OUR BRILLIANT SPONSORS

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If you're making a personal donation, please give your full name and home address and tick the box so we can claim Gift Aid. We won't use this information for any other purpose. Find out more about how we use your personal data at comicrelief.com/privacy

giftaid it

FULL NAME	HOME ADDRESS	POSTCODE		TOTAL AMOUNT	DATE COLLECTED
16					
17					
18					
19					
20					
21					
22					
23					
24					
25					
26					
27					
28					
29					
30					

Please give your sponsorship form and all the money you've raised to your teacher.

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THANK YOU, TEACHERS

ONLINE

1. Go to sportrelief.com/schoolspayin and pay with a credit card or debit card.

2. Write the reference number from your confirmation email here:

3. Send this sponsorship form to us at:

THREE CHEERS TO YOU FOR HELPING RAISE MONEY FOR SPORT RELIEF. NOW ALL THAT'S LEFT TO DO IS PAY IT IN...

AT A BANK

1. Fill in the giro in the fundraising pack.

2. Take your giro, cash and/or cheque(s) to any bank or building society.

3. Send this sponsorship form and your paying-in receipt to us at:

BY POST

1. Fill in the giro in the fundraising pack or download a paying-in slip at sportrelief.com/schools-tools

2. Send your giro/paying-in slip, cheque(s) and this sponsorship form to us at:

Sport Relief 2020 (Schools), EY, PO Box 51543, London, SE1 2UG

Make cheques payable to **Sport Relief 2020 (Schools)**.
We can only claim Gift Aid if you send in your sponsorship forms.

TOTAL

Event Code 69

For office use only.



Registered with
**FUNDRAISING
REGULATOR**

TAKE CARE OF YOURSELF!

As well as being there for your friends when they're having a hard time, it's important to know things you can do to make yourself feel better when you're feeling down.

Look at the pictures below. Talk with your friends about which of the activities you might choose to do to make yourself feel better when you're down. List the activities from favourite to least favourite. Could you use this list as a reminder of good things to do when you're having a hard time?



PLAY SPORT



BAKE



LISTEN TO MUSIC



WATCH TV



RELAX WITH FAMILY & FRIENDS



GO TO THE PARK



DRAW, PAINT OR READ



GET SOME FRESH AIR



PLAY GAMES